

IMPRESSUM

This Yearbook was possible by a cooperation with the whole FLTRI board

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FLTRI YEARBOOK

2017

www.fltri.lu









LE GOUVERNEMENT DU GRAND-DUCHÉ DE LUXEMBOURG Ministère des Sports



For multiple reasons, the year **2017** was an exciting post-Olympic year for the Luxembourgish triathlon world. At the elite level, we could witness an astonishing rise in the quality of the field, both regarding male and female participants. Furthermore, Stefan Zachäus has joined the army in September this year with the goal to enter the "Section des sportifs d'élite

de l'armée", so we will support two full time professionals aiming for the 2020 Olympic selection. With Gregor Payet, the new Sprint and Standard Distance National Champion, a third athlete who can potentially race for an Olympic qualification is added.

As far as younger athletes are concerned, we all hope that Oliver Gorges will be able to join the army as this will considerably increase his chances while racing with the best in the U23 category. Even though she is still a youth athlete, Eva Daniels confirmed her impressive talent by competing amongst the best at the ITU Junior World Championships in Rotterdam.

Another positive surprise was the impressive number of Age Group athletes qualifying for the Ironman World Championships. With seven athletes racing in Kona this year and one qualified for the 2018 edition already, we can claim a record participation for the Luxembourgish Triathlon Federation; no other federation in the world is represented with that many athletes on a pro capita basis. This not only proves that many age group athletes have gained world class status but it is also proof that these athletes have been able to successfully combine their respective professional and family lives with their very time consuming training schedules.

The Ironman 70.3 Luxembourg is still attracting newcomers to the sport which is true for both age group athletes as well as children racing at the Ironkids event, a reason why we as a federation stand behind the organisers of this race as a strong partner.

Unfortunately, we had to witness the cancellation of two major middle distance races this year, considerably reducing the number of middle distance racing opportunities. We, as a federation, hope that a new middle distance race will emerge in the future.

With all these thoughts in mind I would like to wish all FLTRI athletes a productive off-season and hope that you set realistic athletic goals for 2018.

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CADRES FLTRI 2017

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SD



| Olivier GODART | |
|----------------|--|
| Bob HALLER | |
| Neil PETERS | |
| Stefan ZACHÄUS | |



Christian KROMBACHLDPhilippe LAMBERTYLDYannick LIENERSSD





Junior

Oliver GORGES

Cadre paratriathlon Cadre promotion

Joe KURT

Tom CARRE Aurélien CARRE Valentin CAUWE GOERES Eva DANIELS Olivier HAVE Nicolas HAVE Sophie HERMES Luca KRÄMER Christophe LOGELIN Noémie RIES Arnaud WERNER Helene WINKEL

BOB HALLER Cadre Élite

STEFAN ZACHÄUS Cadre Élite

• CADRES COSL 2017

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• Triathletes at Sportlycée

LA VIE EN VOSGES

2016/2017 Eva DANIELS Sophie HERMES Noémie RIES Arnaud WERNER Luca KRAEMER Oliver GORGES Olivier HAVE

2017/2018

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Eva DANIELS Sophie HERMES Noémie RIES Lou VAN DEN BOSSCHE Kristina BARRET HAYES Léo WEISHAAR Olivier HAVE

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• FLTRI CALENDAR 2017

| FLTRI Indoor Aquathlon | 15.01.2017 | FLTRI |
|---|--------------|--|
| Assemblée Générale FLTRI | 24.03.2017 | FLTRI |
| CAB Cross-Duathlon National Cross-Duathlon Championships | 19.03.2017 | CAB |
| CAB Duathlon Ehlerange National Duathlon Championships | 30.04.2017 | CAB |
| Musel-Triathlon National Sprint Triathlon Championships | 21.05.2017 | CAEG / X3M |
| Ironkids | 17.06.2017 | FLTRI & Ironman Luxembourg |
| Ironman 70.3 Luxembourg Région Moselle National Longdistance Triathlon Championships | 18.07.2017 | Ironman Luxembourg & FLTRI |
| Mamer Duathlon | 25.06.2017 | Trispeed |
| Triathlon Echternach | 0102.07.2017 | Trilux |
| Challenge Open Water | 15.07.2017 | Swimming Luxembourg |
| Springwater Triathlon Rosport | 23.07.2017 | Trispeed & Performance Club |
| Triathlon Weiswampach National Triathlon Championships | 1920.08.2017 | CELTIC |
| Red Rock Challenge Crossduathlon | 1415.10.2017 | САВ |
| FLTRI Awards 2017 & Athletes evening | 25.11.2017 | FLTRI / Willy Oberweis & Corinne Kraus |



17. JUNI 2018

LUXEMBOURG - REGION MOSELLE



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IRONMAN.COM/LUXEMBOURG70.3

NATIONAL CHAMPIONSHIPS

CROSS DUATHLON

| ELITE WOM | IEN | | YOUTH | B GIRLS | |
|-------------|---|--------------------------|-------------|---|----------------------------------|
| 1 | Nathalie LAMBORELLE | FLTRI | 1 | Jil LANGER | ХЗМ |
| ELITE MEN | | | YOUTH | B BOYS | |
| 1 2 3 | Jérôme EWEN Oliver PADERHUBER Pierre TANSON | FLTRI CAB Trispeed | 1 2 3 | Tom CARRÉ Luca KRÄMER Charel DAX | Trispeed CELTIC Trispeed |
| PARADUAT | HLON PT4 | | YOUTH | C GIRLS | |
| 1 | Joé KURT | Trispeed | 1 2 3 | Noa LANGER Noémie RIES Lou BIVER | X3M CAEG Trispeed |
| YOUTH A G | IRLS | | YOUTH | | |
| 1 | Eva DANIËLS | Trilux | - | | |
| YOUTH A B | OYS | | 1 2 3 | Aurélien CARRÉ David LANG Nicolas LANNERS | Trispeed Trispeed Trispeed |
| 1 | Christophe LOGELIN | Trispeed | | | |

| AGE GROUP CHAMPIONS |
|---------------------|
|---------------------|

Serens Décor

380

| M20 | Dylan MATHAY |
|-----|------------------|
| M35 | Claude BERG |
| M40 | Ididrio LOPES |
| M45 | Christian SEIDEL |
| M50 | Willy OBERWEIS |
| M55 | Jeannot ANTINORI |

CAB

CAEG CAB Trispeed Trispeed FLTRI CAB



FLTR

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414

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389

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• DUATHLON

ELITE WOMEN

YOUTH A BOYS

| 1 (federal) 1 2 3 | Svenja THÖS Pia WILTGEN Lis THILLMANN Martine LICKER | CAB CAD Trilux Trispeed | 1 YOUTH I | Christophe LOGELIN B GIRLS | Trispeed |
|----------------------------|---|----------------------------------|--------------|---|----------------------------------|
| ELITE MEN | | | 1 2 | Jil LANGER Sophie HERMES | X3M Trispeed |
| 1 2 3 | Jérôme EWEN Philippe LAMBERTY Tom KRIER | FLTRI CAB Trispeed | YOUTH | | |
| PARADUATI | HLON PT4 | | 1 2 | Luca KRÄMER Valentin CAUWE-GOERES | CELTIC Trispeed |
| 1 | Joé KURT | Trispeed | YOUTH | C GIRLS | |
| JUNIOR BO | YS | | 1 2 | Noémie RIES Noa LANGER | CAEG X3M |
| 1 2 | Oliver GORGES Pierre LEBRUN | CAB Trilux | YOUTH | C BOYS | |
| - YOUTH A G | | max | 1 2 3 | Aurélien CARRÉ David LANG Nicolas LANNERS | Trispeed Trispeed Trispeed |
| 1 | Eva DANIËLS | Trilux | | | |



AGE GROUP CHAMPIONS

72

 π

| M20 | Dylan MATHAY | CAEC |
|-----|------------------------|--------|
| M30 | Jeff RAACH | Trilux |
| F35 | Cherryl CLOSENER | CAEG |
| M35 | Jean-Luc GAUDRON | Trilux |
| M40 | Paul BENTNER | Trilux |
| M45 | Patrick MAAR | CAB |
| F50 | Marie Claire METZDORFF | X3M |
| M55 | Roland REDING | Trilux |
| M65 | Jean-Claude SCHNEIDER | Trilux |
| | | |

X3



2

• TRIATHLON SPRINT DISTANCE

ELITE WOMEN

| 1 (federal) 1 2 3 | Svenja THÖS Pia WILTGEN Anja DZIADEK Nathalie LAMBORELLE | CAB CAD Trispeed FLTRI | |
|----------------------------|---|------------------------------------|--|
| ELITE MEN | | | |
| 1 (federal) 1 2 3 | Stefan ZACHÄUS Gregor PAYET Tom KRIER Philippe LAMBERTY | CSL Trispeed Trispeed CAB | |
| JUNIOR BOYS | | | |
| 1 2 | Oliver GORGES Pierre LEBRUN | CAB Trilux | |
| YOUTH A GIRLS | | | |
| 1 | Eva DANIËLS | Trilux | |

YOUTH A BOYS

| 1 | Christophe LOGELIN | Trispeed |
|---|--------------------|----------|
| | | |

AGE GROUP CHAMPIONS

| M25 | Danny HEIRENS | Trilux |
|-----|----------------------|--------|
| M30 | Yves KOCH | ХЗМ |
| M35 | Tom SCHMITZ | CAEG |
| M40 | Yves CAETANO | Trilux |
| M45 | Steve FELLER | FLTRI |
| M50 | Werner OBERWEIS | FLTRI |
| M55 | René LIENERS | CAB |
| M60 | Gian Marco BARTOLINI | X3M |





• TRIATHLON MIDDLE DISTANCE

ELITE WOMEN

| 1 | Sophie MARGUE | CAEG |
|-----------|---------------------|----------|
| 2 | Danièle FLAMMANG | Trispeed |
| 3 | Nathalie LAMBORELLE | FLTRI |
| ELITE MEN | | |
| 1 | Philippe LAMBERTY | CAB |
| 2 | Christian KROMBACH | Trispeed |
| 3 | Tom KRIER | Trispeed |

AGE GROUP CHAMPIONS

| M18 | Dylan MATHAY | CAEG |
|-----|----------------------|--------|
| M25 | Laurent DAMMÉ | CAB |
| M30 | Jeff RAACH | Trilux |
| F35 | Memouna SHAIKH | Trilux |
| M35 | Dani PAPI | CAB |
| F40 | Tania HOFFMANN | Trilux |
| M40 | Thierry DONDLINGER | CAB |
| M45 | Steve FELLER | FLTRI |
| F50 | Josiane SCHWARZ | CAEG |
| M50 | Werner OBERWEIS | FLTRI |
| M55 | Roland REDING | Trilux |
| M60 | Gian Marco BARTOLINI | ХЗМ |





• TRIATHLON STANDARD DISTANCE

ELITE WOMEN

| 1 | Pia WILTGEN | CAD | | |
|---------------|------------------|----------|--|--|
| 2 | Annette JAFFKE | CAEG | | |
| 3 | Danièle FLAMMANG | Trispeed | | |
| ELITE MEN | | | | |
| 1 | Gregor PAYET | Trispeed | | |
| 2 | Bob HALLER | X3M | | |
| 3 | Tom KRIER | Trispeed | | |
| YOUTH C GIRLS | | | | |
| 1 | Mara KROMBACH | CSL | | |
| 2 | Noémie RIES | CAEG | | |
| YOUTH C BOYS | | | | |
| 1 | Aurélien CARRÉ | Trispeed | | |
| 2 | David LANG | Trispeed | | |
| 3 | Nicolas LANNERS | Trispeed | | |

YOUTH B BOYS

| 1 2 | Tom CARRÉ Valentin CAUWE GOERES | Trispeed Trispeed |
|-----------|------------------------------------|----------------------|
| AGE GROUP | CHAMPIONS | |
| F25 | Catherine SCHWARTZ | CAEG |
| M30 | Sam PETERS | Trispeed |
| M35 | Jean HENSEL | CAD |
| M40 | Pierre TANSON | Trispeed |
| M45 | Christian SEIDEL | Trispeed |
| F50 | Josiane SCHWARTZ | CAEG |
| M50 | Werner OBERWEIS | FLTRI |
| M55 | René LIENERS | CAB |
| | | |



1 Sophie HERMES Tr

Trispeed





CISM ELITE WORLD CHAMPIONSHIPS

| 1 | Justus NIESCHLAG | GER |
|--------|------------------------------|-------------------|
| 2 | Aurelien RAPHAEL | FRA |
| 3 | Jonathan ZIPF | GER |
| 4 | Alexander BRYUKHANKOV | RUS |
| 5 | Ilia PRASOLOV | RUS |
| 6 | Tóth TAMÀS | HUN |
| U | | TION |
| 7 | Bob HALLER | LUX |
| • | | |
| 7 | Bob HALLER | LUX |
| 7 8 | Bob HALLER Steffen JUSTUS | LUX GER |

Participants: 74

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• LET'S MEET...

SNOOZ

JÉRÔME EWEN

When did you start triathlon and what was your motivation to start?

I started competing in triathlons in 2003 when I was 16 years old. I first participated in the relay race in Weiswampach for fun because I was always a good swimmer over short distances because of my background in gymnastics (I was a gymnast for 16 years).

The following year, I decided to do the sprint race, bought a bike and started running. I barely made it to the finish line but I had a lot of fun. I then started training seriously and gained my first Junior Title in the 2005 Championships which allowed me to participate at the European Championships in both Duathlon and Triathlon and that's when it all really started.

Unfortunately, because of my studies to become a primary school teacher I had to cut my training short and only did cycling for four years and went running a bit during the winter.

What are your aims in the sport?

Primarily to have fun, to see how far I can get with the sport and to improve ;).

What are your biggest achievements so far?

- St. Wendel ETU Powerman Middle Distance European Championships 2017, 16th Elite
- Târgu Mures ETU Cross Duathlon European Championships 2017, 14th Elite

Out of the three disciplines which one is your favourite? Which one is your favourite training session?

My favourite discipline would be the bike and my favourite training session is a track interval session over various distances.

How many hours a week do you train?

On average, I train for fifteen hours a week but during school holidays this can go over thirty hours plus.

If you didn't do triathlon, what sport would you do?

If I lived next to the sea, I would do surfing and snowboarding if I lived in the mountains.

Favourite food? Is nutrition something you pay attention too?

My favourite food is pizza and fortunately I do not have to pay too much attention to my calorie intake. During the



winter months, I do not pay as much attention and I like food that is healthy. I eat a lot of fruit and vegetables but seeing that I can't eat too much at once, I cover my calorie intake with candy, my drugs ;).

Any other hobbies except for triathlon? Holidays, trail running and outdoor sports in general as well as working on my house.





PHILIPPE LAMBERTY

When did you start triathlon and what was your motivation to start?

My father used to compete in triathlons and he often took me to races. Since your father is always your idol as a child, I started competing in athletics when I was nine years old. This slowly turned into triathlon and when I was 14 years old, I competed in my first triathlon in Mussbach in Germany.

What are your aims in the sport?

I always wanted to measure myself against the best in the sport. That is why I decided two years ago to apply for a pro license with the WTC.

My goal is it to improve year after year and to decrease the distance the first pro competitors have on me. Of course I want to qualify for Kona but to achieve this at the pro level is very hard but one never knows what the future brings.

What are your biggest achievements so far?

One of my main goals was to get the Championship title in Remich which I managed to achieve despite a weak running performance. I am also proud of my 14th place at the 2017 Penticton ITU Long Distance Triathlon World Championships.

Out of the three disciplines which one is your favourite? Which one is your favourite training session?

I am a balanced athlete regarding the disciplines hence why I do not have a favourite discipline. My favourite training sessions are long and fast intervals both on the bike and while running. If I manage to complete these as indicated on the training plan, I know I am in shape.

How many hours a week do you train?

If I prepare for important races I train between 30 and 35 hours a week but this varies.

If you didn't do triathlon, what sport would you do?

I like nordic skiing and biathlon but to do this seriously in Luxembourg is complicated.

How do you make a living?

I make a living as a professional fire fighter in Luxembourg City.

Favourite food? Is nutrition something you pay attention too?

I have to admit that up until now, I wasn't paying attention to my nutrition

at all but I do want to change this during the following season. My favourite food is 'Speck Kniddelen'.

Any other hobbies except for triathlon?

There is not a lot of time left for other hobbies. My girlfriend and I have a dog since February and if I am not training or working, we are spending time with him.





• JOE KURT

When did you start triathlon and what was your motivation to start?

In 2012, I partipated in my first sprint triathlon in Mamer along with abled athletes. I had no problems competing among them and I liked it so much that I did more races. In 2014, I even participated in the Half Ironman in Remich.

What are your aims in the sport?

Sports are my favourite hobby. My body develops better and as a disabled person, I feel much better because of the sports I am doing.

What are your biggest achievements so far?

My best result was my fifth position at the World Championships in Rotterdam in 2017.

Out of the three disciplines which one is your favourite? Which one is your favourite training session?

Cycling is my favourite discipline. I love working on my technique in my training group and having fun while doing this.

If you wouldn't do triathlon, what sport would you do?

I love sports you can combine with adventure. How many hours a week do you train? Between 9 and 18 hours per week.

How do you make a living?

I am a gardener in Luxembourg City / Service des Parcs / places des jeux / Statut handicap HMC

How come you and Daniel Hendriks are working together as a coach and athlete?

In 2015, Eugene Kraus told me about paratriathlons. Thanks to his help and the federation, the LPC (Luxembourg Paralympique Comitee / Romain Fiegen) and Trispeed (Dan Hendriks) we made our first steps into the world of paratriathlon. At first, Dan was my advisor in terms of training and qualifications but slowly, and from 2016 onwards, we turned into a solid team.

Favourite food? Is nutrition something you pay attention too?

I like all types of foods, especially the freshly prepared and good food from my mother.

Any other hobbies except for triathlon?

Discover new things like longboarding or doing fixed-roped routes, making music (drumming), watching movies, reading technical books and playing with children and animals.
• EVA DANIËLS

When did you start triathlon and what was your motivation to start?

I started competing in triathlons when I was 9 years old. I had already practiced athletics in Grevenmacher but I also liked to swim, so my coach suggested that I should find a triathlon club where I could have swimming practise as well. Once I tried it, I really liked it.

What are your aims in the sport?

My aims are to improve my performances each year. I especially want to improve my swim performances.

What are your biggest achievements so far?

My biggest achievements are my qualifications for the 2017 ETU Triathlon Youth European Championships and for the 2017 ITU World Triathlon Junior Grand Final.

Out of the three disciplines which one is your favourite? Which one is your favourite training session?

My favourite disciplines are swimming and running. However, I don't have a favourite training session since I like all of them. How many hours a week do you train? I train for 18 hours a week.

If you didn't do triathlon, what sport would you do?

I would compete in athletics.

How do you make a living?

I am still a student, living at home with my parents and siblings.

DANIËLS

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Favourite food? Is nutrition something you pay attention too?

My favourite food is Bami noodles, they are similar to spaghetti and it's a recipe from my grandparents. Regarding my nutrition, I try to have a well-balanced diet and to drink at least 2 litres of water a day. However, I should pay more attention to eat less chocolate. ;-)

Any other hobbies except for triathlon? I like to travel and to read good books.



MEMOUNA SHAIKH

When did you start triathlon and what was your motivation to start?

I started competing in 2013. I had just quit smoking after 15 years and decided to live a healthier lifestyle and I felt a very strong need for a new challenge.

What are your aims in the sport?

My first aim is to always enjoy every single moment in doing what I love most. If I can share these moments with my friends that is when I have most fun and where I take my motivation from. I am always on the lookout for a challenge both mentally and physically. I like doing something that I have never done before. When a challenge scares me that is what excites and motivates me most. I like to participate in different types of endurance races, like in ultratrails, short and long distance triathlons or cross triathlons. I want to explore the diversity of endurance sports.

What are your biggest achievements so far?

One of my biggest achievements so far is Challenge Roth in 2016, my first long distance triathlon and my first marathon at the same time. This race is really special and unique because of its unbelievable atmosphere and the relentless devotion of the organizers. You get transported by this huge cheering crowd! Goosebumps for sure!!

Then, the Marathon des Sables this year was a very special experience. Of course the physical and the mental aspects are very challenging and that was exactly what I was looking for but it is also a great human experience. You are cut off the world, living on another planet with only the strict minimum of material and food you need to survive for a week and that makes it a very authentic experience, so is the human encounter. I miss the silence of the desert, its starry sky and all these crazy runners.

However, my favorite memory is the beautiful Triathlon de l'Alpe d'Huez (XL) in 2014. It is a very hard and hilly race. I was very proud about this achievement because I was a complete beginner with no background in the 3 disciplines. I only started swimming and cycling in 2013 and before starting triathlon I only did a few short running races like the Strongman run and some fitness. Crossing that finish line meant the world to me and that will stay in my mind forever!

Out of the three disciplines which one is your favourite?

I love swimming! I love the feeling of diving into the "underwater world". My favourite training session is an interval running session.

How many hours a week do you train?

It always depends on the goal and whether I train for long distance or short distance. It also depends on the moment in the preparation. It can vary from 6 hours to 20 hours a week.

If you didn't do triathlon, what sport would you do?

I would do gymnastics; it was the very first sport I did as a kid. Or maybe I would only do high intensity interval trainings like Tabata training for example, I love it!

How do you make a living?

I work in human resources.

Favourite food? Is nutrition something you pay attention too?

Yes I do. However, keeping the balance and being consistent about it is not always easy for me. My favorite food are nuts, I love nuts and of course chocolate.



Al Schmelz | B.P. 12 L-8401 Steinfort Tél. : 39 70 83-1 | Fax : 39 70 83-84 | mail@lucas.lu





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• FLTRI EVENTS

TALENT DAY

The main objective of this day is to reunite young athletes (with or without a license) to take part in the fun that triathlon represents. Thanks to the help of our trainee coaches of the C formation, we managed to offer fun, technical and specific workshops in swimming, cycling and running.

All in all, 42 young athletes participated which is a record considering that in previous years only 20 youngsters participated. This day is important for the federation because it is an excellent means to look out for tomorrow's talents.



• FLTRI INDOOR AQUATHLON

ELITE WOMEN

| 1 | Eva SKAZA | SVN |
|---|------------------|-----|
| 2 | Cindy POMARES | FRA |
| 3 | Hannah STEGMAIER | DEU |
| 4 | Eva DANIËLS | LUX |
| 5 | Elise TAHAY | FRA |

ELITE MEN

| 1 | Calentin WERNZ | DEU |
|---|----------------|-----|
| 2 | Tim HELLWIG | DEU |
| 3 | Stefan ZACHÄUS | LUX |
| 4 | Gregor PAYET | LUX |
| 5 | Marc TRAUTMANN | DEU |

YOUTH C GIRLS

| 1 | Hannah CHAUVEHEID | BEL |
|---|-------------------|-----|
| 2 | Anna BRANDENBERG | DEL |
| 3 | Mara KROMBACH | LUX |

YOUTH C BOYS

| 1 | Nicolas LANNERS | LUX |
|---|-----------------|-----|
| 2 | Aurélien CARRÉ | LUX |
| 3 | Gabriel ZAOUDI | BEL |

KIDS A GIRLS

| 1 | Lilou CHAUVEHEID | BEL |
|--------------|---------------------|-----|
| 2 | Linda KROMBACH | LUX |
| 3 | Catherine BERENS | LUX |
| KIDS A BOYS | | |
| 1 | Finn REHBOCK | DEU |
| 2 | Claus GASPARD | BEL |
| 3 | Samy CELNIK | BEL |
| KIDS B GIRLS | | |
| 1 | Violette CHAUVEHEID | BEL |
| 2 | Nora WORTMANN | DEU |
| 3 | Yfke BOUWMEISTER | NLD |
| KIDS B BOYS | | |
| 1 | Jules MOOG | LUX |
| 2 | Theotime CHAUVEHEID | BEL |
| 3 | Clement ROSU | BEL |



AQUATHLON TER **SAVE THE DATE** 21.01.2018

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• IRONKIDS

YOUTH A GIRLS

| 1 | Marlies VAN DEN BERG |
|---|----------------------|
| 2 | Sofie OTTO |

YOUTH A BOYS

| 1 | Aleksander ULDALL |
|---|---------------------|
| 2 | Luc LIEDTKE |
| 3 | Nathalie LAMBORELLE |

YOUTH B GIRLS

| 1 | Sophie HERMES |
|---|---------------------|
| 2 | Elisaveta PLATONOVA |
| 3 | Brooklyn BEKAERT |

YOUTH B BOYS

| 1 | Tom CARRÉ |
|---|-------------|
| 2 | Luca KRÄMER |
| 3 | Daniel KOHN |

YOUTH C GIRLS

| 1 | Mara KROMBACH |
|---|-----------------------|
| 2 | Louis VAN DEN BOSSCHE |
| 3 | Laura HRIC |

YOUTH C BOYS

| 1 | Nicolas LANNERS |
|---|-----------------|
| 2 | Aurélien CARRÉ |
| 3 | Arnaud WERNER |

KIDS A GIRLS

| 1 | Linda KROMBACH |
|---|----------------|
| 2 | Sarah PIECH |
| 3 | Agathe CLAUDE |

KIDS A BOYS

| 1 | Runar DE MEULENAERE |
|---|---------------------|
| 2 | Martijn VERHAEGHE |
| 3 | Tom HEYART |



KIDS B GIRLS

| 1 | Laetitia KONSCHAK |
|---|-------------------|
| 2 | Yfke BOUWMEISTER |
| 3 | Nina HRIC |

KIDS B BOYS

1 2 3

PETERS BION BION

| Harry SMALLBONE |
|-----------------|
| Jules MOOG |
| Alex KROMBACH |

5

• OTHER NATIONAL EVENTS

SPRINGWATER TRIATHLON

• ASPORT RED ROCK CHALLENGE

Scratch WOMEN

| 1 | Nolween HOUOT |
|---|---------------------|
| 2 | Nathalie LAMBORELLE |
| 3 | Gwenzaelle HOUOT |

Scratch MEN

| 1 | Arnaud TAURELLE |
|---|-----------------|
| 2 | Mathieu LOUIS |
| 3 | Jérôme EWEN |

Scratch WOMEN

- **2** Isabelle KLEIN
- **3** Annette JAFFKE

Scratch MEN

- 1 Philippe LAMBERTY
- 2 Steve MOOG
- **3** François REDING

SWIM + RUN 16. JUNI 2018

SCHWIMMBAD, REMICH

LUXEMBOURG - REGION MOSEL

MEHR INFOS UNTER: WWW.IRONMAN.COM/LUXEMBOURG70.3 -> SIDE EVENTS IN ZUSAMMENARBEIT MIT

LUXEMBOURG TRIATHLON

IRONKIDS MEDAILLE & SHIRT FÜR JEDEN FINISHER!

• TRIATHLON ECHTERNACH

Scratch WOMEN Standard Distance

| 1 | Deborah SCHOUTEN |
|---|---------------------------|
| 2 | Paula VAN DER POUW-KUIPER |
| 3 | Kirstin JAUCH |

Scratch MEN Standard Distance

| 1 | Bob HALLER |
|---|------------------|
| 2 | Yannic STOLLKERN |
| 3 | Tom KRIER |

Scratch WOMEN Sprint Distance

| 1 | Anja DZIADEK |
|---|---------------------|
| 2 | Nathalie LAMBORELLE |
| 3 | Juliane RITTER |

Scratch MEN Sprint Distance

| 1 | Sebastien DUTHILLEUL |
|---|----------------------|
| 2 | Gabriel SARDAIN |
| 3 | Pierre TANSON |

JUNIORS / YOUTH A GIRLS

1

Eva DANIËLS



JUNIORS / YOUTH A BOYS

| Christophe LOGELIN |
|--------------------|
| Leo MICHEL |
| Jonas HORN |

YOUTH B GIRLS

1 2 3

1 2 3

1 2 3

| 1 | Sarah LASCHINGER |
|---|------------------|
| 2 | Marie DETEMPLE |
| 3 | Sophie HERMES |

YOUTH B BOYS

| Tomm CARRÉ |
|--------------|
| Jérôme PETER |
| Joshua PETER |

YOUTH C GIRLS

| No | pémie RIES |
|----|--------------------|
| Lo | OU VAN DEN BOSSCHE |
| JL | ılia HIM |

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FLAMMANG

DUATHLON MAMER

Scratch WOMEN Elite

| 1 | Carmen COLJON |
|---|------------------|
| 2 | Cherryl CLOSENER |

3 Claudine WEICHERDING

Scratch MEN Elite

| 1 | François REDING |
|---|------------------|
| 2 | Nils PENNEKAMP |
| 3 | Benoit MARCOLINI |

Scratch WOMEN Promo

| 1 | Charlotte DE GROOTE |
|---|------------------------|
| 2 | Marie-Claire METZDORFF |
| 3 | Agathe MARHOFFER |

Scratch MEN Promo

- **2** Isidro LOPES
- **3** Nicolas DE GROOTE

JUNIORS BOYS

1 Pierre LEBRUN

YOUTH A BOYS

| 1 | Christophe LOGELIN |
|---|--------------------|
| | UNINSIOPHE LUGELIN |
| | 1 |

YOUTH B GIRLS

YOUTH B BOYS

| 1 | Tom CARRÉ |
|---|-----------------------|
| 2 | Valentin CAUWE GOERES |

YOUTH C GIRLS

| 1 | Noémie RIES |
|---|--------------|
| 2 | Sofia MURRAY |
| 3 | Lou BIVER |

YOUTH C BOYS

| 1 | Aurélien CARRÉ |
|---|----------------|
| 2 | David LANG |
| 3 | Alex KERRENS |



KIDS A GIRLS

| 1 2 3 | Sarah PIECH Sarah MOUSEL Julie KIESGEN |
|-------------|--|
| KIDS A BOYS | |
| 1 | Wayne RODEN |

| I | Wayne RODEN |
|---|-------------|
| 2 | Tom HEYART |
| 3 | Yannis LANG |
| | |

KIDS B GIRLS

| 1 | Enya POSSING |
|---|---------------|
| 2 | Lisa LUDOVICY |
| 3 | Stella HEYART |

KIDS B BOYS

325

| 1 | Danson FEHLEN PERREIRA |
|---|------------------------|
| 2 | Jules MOOG |
| 3 | Eliott MIEL |

ruppert, 76 00 8

BAMBINI GIRLS

BAMBINI BOYS

www.marbrerie

1

2 3

1 2 3 Yelisey SCHMITZ Tymon SZRAM Yanik MELCHIOR

Emma BARTHEL

Sophie KERRENS Elisa LORETZ

R F ofo@marbrerie-schott.lu

6

• ETU & ITU COMPETITIONS



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ZIROU Q mu 73RGD LOGELIN LUX 8 Den of the second secon 8 KRANER THE D TEAM ZIROU TRIATHLON HERMES DANIËLS LUX LUX Cactus V Cactus ASPORT Cactus ASPORT ASPORT THE SH ā







#asportathlete Stefan ZACHÄUS

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MIDDLE & LONG DISTANCE WC

and the second s

Ironman 70.3 WC Chattanooga

| Mikhail LUBENETS | TIME: 05:00:06 | DIV RANK: 168 |
|------------------|----------------|---------------|
| Marc D'HOOGE | TIME: 05:44:19 | DIV RANK: 203 |
| Susanne GUTJAHR | TIME: 05:52:52 | DIV RANK: 148 |

• Ironman WC Hawaii

| Oliver GODART | TIME: 09:11:06 | DIV RANK: 6 OVERALL: 59 |
|--------------------|----------------|----------------------------|
| Steve MOOG | TIME: 10:16:36 | DIV RANK: 82 |
| Dany PAPI | TIME: 10:29:10 | DIV RANK: 143 |
| Thierry DONDLINGER | TIME: 10:46:54 | DIV RANK: 149 |
| Haitske OVERBEEK | TIME: 10:49:47 | DIV RANK: 16 |
| Christian WEYLAND | TIME: 11:07:03 | DIV RANK: 175 |
| Tania HOFFMANN | TIME: 11:47:08 | DIV RANK: 55 |

SPEED LIMIT

• Half Challenge WC Samorin

Eric Wagner

TIME: 4:23:48

DIV RANK: 4 OVERALL: 49 B.6.2017 - The Championship

• ITU Long Distance WC

Philippe Lamberty

TIME: 5:53:44

ELITE MEN: 14

SSCOTT SAL

Stadt Hilpoltstein Kreis Roth

FOIT

Challenge Roth

| Eric WAGNER | TIME: 08:46 | DIV RANK: 3 OVERALL: 23 |
|----------------------------|-------------|----------------------------|
| Alain KIEFFER | TIME: 09:24 | DIV RANK: 2 |
| Steve CARRÉ | TIME: 09:50 | DIV RANK: 12 |
| Werner OBERWEIS | TIME: 09:57 | DIV RANK: 10 |
| Santi CALDERON | TIME: 10:15 | DIV RANK: 85 |
| Alex WEISHAAR | TIME: 10:29 | DIV RANK: 145 |
| Willy MORISSEAU | TIME: 10:44 | DIV RANK: 159 |
| Sonny ESCHETTE | TIME: 11:33 | DIV RANK: 12 |
| Trilux Ladies (Relay Team) | TIME: 10:10 | DIV RANK: 6 |

Ivana Kuriackova, Isabelle Klein, Lis Thillmann

Votre choix intelligent,

pour aujourd'hui et pour demain.



• TOURS & CHALLENGES



YUPPI KIDS TOUR

| FLTRI Indoor Aquathlon | 15.01.2017 |
|-------------------------------|------------|
| CAB Cross-Duathlon | 19.03.2017 |
| CAB Duathlon Ehlerange | 30.04.2017 |
| CAEG / X3M Musel-Triathlon | 21.05.2017 |
| IronKids | 17.06.2017 |
| Trispeed Duathlon Mamer | 25.06.2017 |
| Trilux Triathlon Echternach | 01.07.2017 |
| Springwater Triathlon Rosport | 23.07.2017 |
| Celtic Triathlon Weiswampach | 19.08.2017 |



REGULUX YOUTH TOUR

| FLTRI Indoor Aquathlon | 15.01.2017 |
|-------------------------------|------------|
| CAB Cross-Duathlon | 19.03.2017 |
| CAB Duathlon Ehlerange | 30.04.2017 |
| CAEG / X3M Musel-Triathlon | 21.05.2017 |
| IronKids | 17.06.2017 |
| Trispeed Duathlon Mamer | 25.06.2017 |
| Trilux Triathlon Echternach | 01.07.2017 |
| Springwater Triathlon Rosport | 23.07.2017 |
| Celtic Triathlon Weiswampach | 19.08.2017 |

ASPORT FLTRI TOUR

| FLTRI Indoor Aquathlon | 15.01.2017 |
|--|---------------|
| CAB Cross-Duathlon | 19.03.2017 |
| CAB Duathlon Ehlerange | 30.04.2017 |
| CAEG / X3M Musel-Triathlon | 21.05.2017 |
| Ironman 70.3 Luxembourg | 18.06.2017 |
| Trispeed Duathlon Mamer | 25.06.2017 |
| Trilux Triathlon Echternach | 01-02.07.2017 |
| Challenge Open Water | 15.07.2017 |
| Springwater Triathlon Rosport | 23.07.2017 |
| Celtic Triathlon Weiswampach | 19-20.08.2017 |
| Asport Red-Rock-Challenge Cross-Duathlon | 14.10.2017 |

> sport + fashion + lifestyle <</pre>

ASPORT DUATHLON CHALLENGE

| CAB Cross-Duathlon | 19.03.2017 |
|--|------------|
| CAB Duathlon Ehlerange | 30.04.2017 |
| Trispeed Duathlon Mamer | 25.06.2017 |
| Asport Red-Rock-Challenge Cross-Duathlon | 14.10.2017 |

ASPORT CROSS-DUATHLON CHALLENGE

| CAB Cross-Duathlon | 19.03.2017 |
|--|------------|
| Asport Red-Rock-Challenge Cross-Duathlon | 14.10.2017 |



• YOUR RACING MOMENTS



SPECIAL AWARDS



Volunteer of the year 2016

A triathlete since 1985, **René Schockmel** has since taken part in many different races where he has also managed to reach several national podiums. In 1992, he came second in the Middle Distance triathlon in Braschaat in Belgium and in 1993 managed to secure the top spot there. In 2004, he climbed onto the third step at the Ironman in Roth.

An active member of Trilux, he has helped the board with the organisation of their race for the last 15 years. Most importantly, for 30 years, he has not only practised the sport but also invested himself and given back to the sport as a volunteer.

Time and Security

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• SPECIAL THANKS

Technical officials

We would like to thank all the **technical officials** from Luxembourg and abroad who helped out throughout the 2017 season. We also thank the federations of the greater region to help us on the bigger events.

As international technical officials, Eugène Kraus, Patrick Thill and Antoine De Groote have been officiating at the ITU Paratriathlon World Cup in Besançan, where our national Paratriathlon champion Joe Kurt took a podium. Patrick Thill has also been at the ETU Powerman Middle Distance Duathlon European Championships.

RIP Paul Milz

Paul Milz has been the head referee of the RTV for many years and the FLTRI collaborated with him on seminars and trainings of new referees. As a member of CAB, and later Trispeed, he has been referee at many national races over the years. Our deepest condolences to his family. Rest In Peace, Paul.









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Photographers



CORINNE KRAUS National Races



VIVIANE SLONIEWICZ ITU & ETU races



SOPHIE MARGUE Editor Yearbook Photography

• FLTRI Speakers 2017

The FLTRI would like to thank **Josiane** and **Jeannot Antinori** who both formed the speaker-team at our FLTRI Indoor Aquathlon. They did a magnificent job and we are happy they always agree to help us out in that matter.



JEANNOT ANTINORI



JOSIANE ANTINORI

FLTRI MEMBERS

CLUB D'ATHLÉTISME







CLUB ATHLETIQUE

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